

HEALTH AND WELLBEING BOARD

26 SEPTEMBER 2018

	Report for Resolution
Title:	Better Lives Better Outcomes: a new strategy for sustainable adult social care in Nottingham
Lead Board Member(s):	Catherine Underwood, Director of Adult Social Services and Transformation
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Brief summary:	Nottingham City Council has a new draft strategy for adult social care and would like to invite members of the Health and Wellbeing Board to take part in the consultation.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) consider the draft adult social care strategy and give feedback to help inform the final strategy.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	The adult social care strategy contributes to outcome 3 of the Health and Wellbeing strategy- 'there will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well'. We are calling our strategy 'Better Lives Better Outcomes', which reflects our ambition for Nottingham to be one of the best cities for adults in need of support to live well. A key part of this is promoting independence and the aim is for citizens to remain independent and live in their own homes for as long as they are able to or choose to. We will work with all citizens and communities, their needs, aspirations, skills and resources, to build their resilience and independence. We will ensure that citizens have access to the right information and support services.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The strategy sets out aims for all citizens in need of adult social care services including those with mental health issues. For these citizens, we will help them move towards recovery. Delivering improved outcomes and managing demand by focusing on prevention and early intervention, promoting independence and working with citizens in their communities has a strong resonance with the recovery model in mental health, focusing on supporting good quality of life and building resilience rather than just treating symptoms.

Background papers:

Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.

None